

## TEN Steering Committee Meeting

October 1, 2018

Latham Library

Present: Dale Gephart, Inge Trebitz, Betty Campbell, Cathy Newbury,  
Sue Rump, and Jody Biddle

Jody called the meeting to order at 10:00.

The September minutes were approved as written.

Jody gave the Treasurer Liaison's Report and read a note from the United Church of Thetford thanking TEN for our gift of \$500 toward the cost of a new stove.

Senior Luncheon Committee: At our September 27<sup>th</sup> luncheon, we served 53 meals with 4 take-out meals and 14 volunteers. There have been some new forms from Senior Solutions to fill out for details and statistics. The meal was delicious with good reviews. Our next luncheon will be on October 25<sup>th</sup> and Inge Trebitz will over a Power Point about Trees.

Volunteers: Inge reported that she offered one ride in September. We talked about the dilemma of transportation for seniors in town. We are thinking of forming a committee to explore the options for better transportation in Thetford. We reminded ourselves that we want to keep our seniors in town as long as possible and a service such as transportation is very important.

Walking: Sue R. reported that in September an average of 7.5 people walked an average 2 ¼ miles. Good turn outs, good fun and a variety of walks and adventures.

Community Nurse: Everything is going very well.

Senior and Affordable Housing: Dale reported that there is no new news.

OCT: Dale – nothing new to report.

Coffee Klatch: There will be a Coffee Klatch on October 10<sup>th</sup> at TCC. These gatherings are well attended with good energy and always a tasty collection of food.

### **Old Business:**

Chef's Contract: No news. There are a few details that are holding up this contact.

The Senior Solutions Elder Abuse program has not responded to Jody's calls for updates. Jody will keep trying.

We all signed a card for a volunteer helper who has moved away. How grateful we are for all the assistance TEN gets from Thetford folks in our work around town.

We discussed the Care Givers event coming up on October 14<sup>th</sup> at the Thetford Hill Church. TEN will serve refreshments. Jody will call to find out more specific details about the program and suggest that perhaps a longer description of this event on the listserv would be helpful.

TCC – we all are concerned about the future of the TCC. We are brainstorming ways to find solutions for continuing the maintenance and use of the building.

### **New Business:**

TEN's Mission: There was discussion about how our community is changing. Does this mean that we at TEN might look at our Mission Statement? Do we need to shift our focus, engage younger adults and find new ways to keep our mission current and successful? We need to particularly address publicity and transportation.

Good Neighbor: Jody contacted the Good Neighbor Clinic in WRJ to ask about navigating the Medicare maze. We will invite a person from the clinic to a TEN meeting to answer our questions and to introduce her to Cindy. Cindy would be able to carry the latest information about Medicare to our Thetford seniors.

Tai Chi: We have had the good fortune of Ursula's offering Tai Chi to our community. All of a sudden there are forms to be filled out for Senior Solutions and it has become quite complicated. Jody will talk with Ursula about this situation and hopefully come to some agreement about our next steps with her Tai Chi classes.

Senior Shelf at Latham: Happy to report that four books on the shelf were checked out six times over the summer. Jody spoke with Peter Blodgett about this shelf and we decided it is in a good place at the library and is being appreciated. Good news.

We spoke briefly about Alice Ely and her Aging in Community meetings. We rarely attend them. Some of them are more useful than others. The jury is out on this matter.

Our next TEN meeting will be held on Monday, November 5<sup>th</sup> at 10:00 at Latham.

We went around the table and offered our Gratitudes.

Jody adjourned the meeting at 12:13.

Respectfully Submitted,

Jody Biddle, Acting Secretary