

TEN Steering Committee Meeting
September 10, 2018
Latham Library
10:00 AM

Present: Pam Mainville, Sue Rump, Pril Hall, Betty Campbell, Dale Gephart, Cathy Newbury, Jody Biddle, Inge Trebitz, and Susan Gault

We had an informal discussion of doctor-patient interactions before the meeting was called to order.

Jody called the meeting to order at 10:15.

We remembered Arlene Biathrow who passed away recently at age 103. She was Thetford's most senior citizen.

The August minutes were approved as written.

We have a healthy \$ balance held by the town.

Kristie Wadsworth, along with Tracy, is the new town new treasurer.

Future of senior Luncheons.

The future of the Thetford Center Community Center is uncertain for a number of reasons. In addition, the congregation of the Timothy Frost Church and the North Thetford Church will likely want to find new owners for these churches. That may leave us without an obvious place for our senior luncheon. The church on Rt. 113 in West Fairlee is a possibility but needs further study, for example, to determine whether seniors will travel to it.

There will be no one to set up tables for the luncheons at the North Thetford Church. That will become an added responsibility for luncheon volunteers.

We discussed several possible solutions to the TCCC dilemma. We do not have enough data to draw any conclusions.

Cathy gave the luncheon report. In August, we served 41 meals plus 3 takeouts. Pam's Mac and Cheese was very popular.

We think that taking the Senior Solutions money is the right thing to do. Senior Solutions also gave us \$500 that we will give to the church toward the stove.

Catharine had more trouble getting volunteers in the summer but we did get enough for the summer luncheons.

Inge reported that she gave a ride to one senior.

Sue Rump reported that 9.4 people per week walked just under 2 per week miles in August.

Cindy and Pril reported on the town nurse.

Dale reported on senior and affordable housing.

Pril reported that the coffee klatch is resuming this Wednesday, September 12. It will be the second Wednesday of every month.

Pam's Contract: we are leaving it on hold for the time being.

Old Business:

Senior Solutions project: Jody is following that.

Honoring our helpers. Jody wants to honor Bev Slack for all that she has done for the Senior Luncheon. Jody will organize this for us.

The Tai Chi participants gave a party for Ursula after Tai Chi last Friday Ursula has done a great job of teaching Tai Chi and people appreciate her contribution.

Community Nurse of Thetford (CNT) and TEN will hold an event on Sunday, October 14th about Family Caregiving. There will be presenters but there will also be lots of group discussion primarily on family caregiving with some emphasis on caring for patients with dementia.

New Business:

Auditory issues are another topic about which we could hold a group discussion.

Inge visited the new senior housing in Bradford. It is assisted living.

Another good topic for a group discussion is financial planning to prepare for a senior's moving into assisted living, for example, to provide financial protection for a spouse.

Different kinds of assisted living is another good topic: independent living, house keeping help, etc. on up the scale to full care.

Having these discussions is a good segue into a discussion of the importance of advanced directives.

Jody adjourned the meeting at 12:05.

The next meeting is October 1 at Latham Library at 10:00.

Respectfully submitted,

Susan Gault, Secretary